



Family members' jobs

The activity

Your teenager can use this job chart—or create his or her own version—to explore the jobs that family members or adults in their lives hold or have held. It's a fun way to think about how adults' career choices have influenced their lives and it may help your teen identify things he or she wants and doesn't want in a career.

Set up

Print one copy of this job chart for each adult your teenager will talk to.

What to do

Help your teenager ask the questions and fill in the information about family members and their jobs.

Support your teenager in comparing and contrasting different jobs. Work together to identify what different jobs have in common—for example, the education level or degree required or the demand for the job in the future. Decide what factors are most important to your teenager and should carry the most weight—for example, talk about whether a job's salary is more or less important than the tasks and activities in a typical day.


This activity can help with one of the key skills teenagers need to develop: knowing how to research different options and compare them. Practicing this skill in an area that's relevant to them—like choosing a potential career—can help teenagers feel more comfortable with the conscious, rational steps involved in making complex decisions.

Things to talk about


Based on what your teenager discovers through the activity, consider ways that he or she could follow through. If there are skills your teen would like to develop, brainstorm together—there are many ways to learn and prepare for the working world. For example, together you could:

- Approach the adults on the chart to see if they are willing to share knowledge and advice, or allow your teen to shadow them at work
- Investigate local resources like libraries and afterschool programs
- Explore volunteer opportunities at local nonprofits

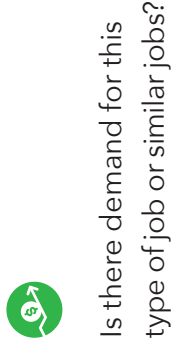
Now ask yourself...



Is there demand for this type of job or similar jobs?



What skills, education, and training did you have, or did you need?




A horizontal number line with arrows at both ends. Below the line, the integers 9, 8, 7, 6, 5, 4, 3, and 2 are written in descending order from left to right.

What stands out for me?

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 What do you like the least about your job?



What steps do I need to take if I'm interested in this job?



What steps do I need to take if I'm interested in this job?