

**SILENCE IS GOLDEN...
UNLESS IT'S PERMANENT.**

**TURN DOWN
THE VOLUME**

**PROTECT YOUR HEARING...
IT'S A NOISY WORLD.**



DEPARTMENT OF DEFENSE
**HEARING CENTER
OF EXCELLENCE**



VISIT [HTTP://HEARING.HEALTH.MIL](http://hearing.health.mil) TO LEARN MORE ABOUT HEARING LOSS PREVENTION.