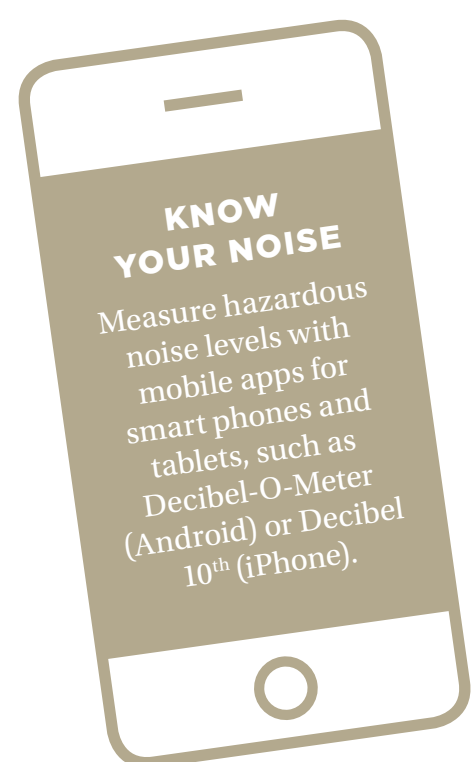


HOW LOUD IS TOO LOUD?

NOISE-INDUCED HEARING LOSS IS PREVENTABLE

@dodhce hearing.health.mil /dodhce

PRODUCED BY THE DEFENSE HEALTH AGENCY



Wear hearing protection, avoid hazardous noise, and turn the sound down.

Exposure to convoy engine noise over long periods of time can be as damaging as one IED.

If you must raise your voice to be understood within 3 feet, the noise is potentially hazardous.

Hearing is Mission Critical. It is your duty to prevent noise-induced hearing loss.

1.9M Veterans suffer from Service-related hearing disabilities

DOUBLE HEARING PROTECTION REQUIRED (IMPULSE)

IMMEDIATE PHYSICAL DAMAGE

SINGLE HEARING PROTECTION REQUIRED (IMPULSE)

IMMEDIATE PAIN

SEVERE IRRITATION

IMPULSE NOISES



STEADY-STATE NOISES

SINGLE HEARING PROTECTION REQUIRED (STEADY-STATE)
Hearing loss possible with 8 hours exposure

DOUBLE HEARING PROTECTION REQUIRED (STEADY-STATE)