



**FOR ME, THE SHAME
IS BEING ALIVE.**

My friend died in Iraq. After he died, everything was temporary, everything was so close to the end. What was bothering me was survivor's guilt. Not really that he died, but my continued existence is an affront to him. That's just your own mind playing tricks on you. Once my doctor got me to face that, I think that was really the turning point.

LAURENT G. TAILLEFER, II | US Army (2003 – 2006)

ABOUTFACE

PTSD TREATMENT CAN TURN YOUR LIFE AROUND.

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