

PTSD

Treatment Decision Aid

- 1 EXPLORE**
PTSD treatments
- 2 COMPARE**
treatment options
- 3 CHOOSE**
treatments that match your preferences

The **PTSD Treatment Decision Aid** can help you choose the treatment that's right for you.



[**ptsd.va.gov/decisionaid**](https://ptsd.va.gov/decisionaid)

VA



U.S. Department
of Veterans Affairs

