



PTSD Consultation Program

FOR PROVIDERS WHO TREAT VETERANS

The National Center for PTSD's Consultation Program offers free consultation, education, and resources to VA and non-VA (community-based) health care professionals treating Veterans. Consultation is consistent with evidence-based practices for PTSD and consensus statements such as the **VA/DoD Clinical Practice Guideline for PTSD**. Whether you are new to treating Veterans with PTSD or an expert with years of experience, the PTSD Consultation Program can help.

How does the PTSD Consultation Program work?

Contact the PTSD Consultation Program by email, PTSDconsult@va.gov or by phone, **866-948-7880** to request a consultation. You will typically receive a response to your request within one business day, and a consultant will respond by email or set up a time to talk by phone at your convenience.

How can the PTSD Consultation Program help?

Talk directly via email or phone with expert clinicians from the National Center for PTSD about:

- Evidence-based Treatment
- Medications
- Educational Resources
- PTSD Assessments/Screenings
- Collaborating with VA on Veterans' Care
- Developing a PTSD Treatment Program

And request a presentation to learn more about the PTSD Consultation Program or a topic related to PTSD from an expert.



Meet some of our PTSD Consultants



Paul Holtzheimer, MD



Abigail Angkaw, PhD



Elissa McCarthy, PhD



Marianne Silva, LCSW

Our PTSD experts include psychologists, physicians, social workers, and pharmacists with years of experience working as clinicians, administrators, and researchers. Meet the whole team at ptsd.va.gov/consult.

Who can use the PTSD Consultation Program?

The PTSD Consultation Program is available to any VA or non-VA (community-based) health care provider, who treats Veterans, including:

- Psychologists
- Social Workers
- Marriage and Family Therapists
- Chaplains
- Peer Support Specialists
- Primary Care Providers
- Nurse Practitioners
- Physicians

Hear from other providers about how the PTSD Consultation Program helped them: ptsd.va.gov/consult

Providers, ask us anything about treating PTSD

Not sure what to ask? Here are some example questions:

- How can I know if my client has PTSD?
- What medications treat PTSD?
- What training is available if I'm new to treating PTSD?
- What should I do if my client's PTSD symptoms are getting worse?
- How should racial trauma be treated?
- What PTSD assessment measures do you recommend?
- If my patient didn't respond to treatment, what do I do next?

What else should I know?

- The Veterans you treat do not have to be eligible for VA services for you to use the PTSD Consultation Program
- You won't need to give us any identifying information about the Veteran you are treating
- The PTSD Consultation Program offers more than 60 free, in-depth online courses about PTSD and trauma. Most courses offer free continuing education credit. See the whole catalogue at ptsd.va.gov/professional/continuing_ed



Since 2011, the PTSD Consultation Program has been supporting providers who treat Veterans with PTSD. Our team responds to thousands of requests for consultation each year.



On the third Wednesday of every month, the PTSD Consultation Program hosts a webinar about PTSD. Register and earn free continuing education credit here: ptsd.va.gov/consult



No question is too big or too small

For emergencies, please follow the protocol at your facility or contact 911 or the Veterans Crisis Line at 988. Important information for non-VA providers about the scope of our program: The VA PTSD Consultation Program for Community Providers offers education, training, information, consultation and other resources to non-VA health professionals who treat Veterans with PTSD outside of the VA system. These services are provided consistent with evidence-based practices for PTSD and VA consensus statements such as the VA/DoD Clinical Practice Guidelines for PTSD. Our goal is to improve the care available to all Veterans with PTSD regardless of where they access services. We offer expert guidance on general issues that come up in the course of caring for Veterans with PTSD. We cannot, however, provide direct guidance or consultation regarding nor assume clinical responsibility for specific patients; any potential liability would be only in accordance with the Federal Tort Claims Act.