

PTSD

TREATMENT DECISION AID: THE CHOICE IS YOURS

Wondering which PTSD treatment is right for you?

Use the PTSD Treatment Decision Aid to learn about and compare treatments.

HOW DOES IT WORK?

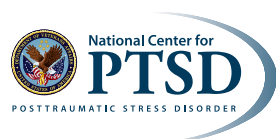
- ▶ Watch Video Interviews with Providers
- ▶ Compare the Treatments You Like Best
- ▶ Find Answers to Frequently Asked Questions
- ▶ Get a Personalized Summary

WHO IS IT FOR?

PATIENTS: The Decision Aid teaches you about your options and gets you ready to work with your provider to choose the best treatment for you.

PROVIDERS: The Decision Aid educates your patients about evidence-based PTSD treatments. Review it together in session, or have your patients work through it at home.

***There are effective treatments for PTSD.
You have options. The choice is yours.***



The PTSD Treatment Decision Aid is an online tool to help you learn about effective treatments and think about which one might be best for you.

www.ptsd.va.gov/decisionaid

