



# ABOUTFACE

LEARN ABOUT PTSD FROM VETERANS  
WHO'VE BEEN THERE.

[www.ptsd.va.gov/ABOUTFACE](http://www.ptsd.va.gov/ABOUTFACE)



*I think maybe 5 or 10% percent of the Soldiers who come back from a war find their bed of roses. The rest of us come back, we find roses, but it got thorns in it.*

**HORACE "ACE" CARTER** | US Army (1977 – 1999)

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