

PTSD

WE'VE BEEN THERE



ABOUT **FACE**



Learn about Posttraumatic Stress Disorder (PTSD) from Veterans, providers and family members. Find out how to know when you are ready for help and how treatment can turn your life around.

**Their message is clear.
Treatment works.**



www.ptsd.va.gov/ABOUTFACE

VA



U.S. Department
of Veterans Affairs

National Center for
PTSD
POSTTRAUMATIC STRESS DISORDER

WHAT'S ON ABOUTFACE?

▶ ABOUT PTSD

Learn about PTSD in 4 steps:
What is PTSD? How does PTSD treatment work? How does PTSD affect the people I love? What is the next step?

▶ VETERAN VIDEOS

Browse through interview clips from a diverse group of Veterans spanning over 8 decades of service. Filter for subjects and people that interest you. Watch stories about Veterans who have experienced PTSD and see how PTSD treatment has helped them make changes in their relationships, careers and hobbies so they can live the way they want.

▶ AND MORE...

Learn about PTSD therapies, Military Sexual Trauma, and other PTSD topics from Veterans who have been there. See how treatment has helped these Veterans turn their lives around.