

A vertical promotional graphic for the Mindfulness Coach app. It features a blue circular logo with a white leaf icon at the top. Below the logo, the text "Mindfulness Coach" is written in a bold, dark blue font, followed by "To support daily mindfulness practice" in a smaller, lighter blue font. A QR code is centered below the text. At the bottom of the graphic, the text "Turn on your phone camera to scan the QR code to learn more." is displayed. The background is a light green color with abstract leaf patterns. At the very bottom, the logo for the National Center for PTSD is shown, along with the URL "ptsd.va.gov/mobile".

**Mindfulness Coach**  
To support daily mindfulness practice

Turn on your phone camera to scan the QR code to learn more.

National Center for PTSD  
ptsd.va.gov/mobile