



**MY SOCIAL WORKER
CONVINCED ME TO GO
TO PTSD TREATMENT.**

I went to that orientation, and I stood up near the door. I'm like, "Oh my God." It's like a mirror, you know? Everyone sounded like me. Isolation, temper. It's almost like they had tapped into my mind, and each one told the same story. And I'm like, "Oh my God, I got PTSD." And so I pulled up a chair and sat down...

HORACE "ACE" CARTER | US Army (1977 – 1999)

ABOUT **FACE**

PTSD TREATMENT CAN TURN YOUR LIFE AROUND.

FOR MORE INFORMATION VISIT WWW.PTSD.VA.GOV/ABOUTFACE



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